

**FAMILY DEVELOPMENT ASSOCIATES**  
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**Information for Clients**  
**Ann E. Drouilhet, LICSW**

1. BACKGROUND

I am licensed in the state of Massachusetts as an Independent Clinical Social Worker and as a Marriage and Family therapist. I received my graduate training at the University of Chicago and postgraduate training at the Kantor Family Institute and the Boston University Alcohol and Drug Institute. I served on the faculty of KFI for three years and as a community trainer for BU. In addition, I have completed Levels 1 and 2 training of EMDR and Affect Management Skills Training. I am also IFS Certified (Internal Family Systems). My experience and interests span a wide range of issues including; relationship difficulties, adolescents and their families, parenting dilemmas, substance abuse and chemical dependency, depression and anxiety, recovery from trauma, divorce, loss and bereavement, and sexuality.

2. FEES

My standard fees are \$150.00 for family, couples therapy and individual psychotherapy sessions, all of which generally run for 50 minutes. I also charge at this rate for extended telephone conversations, school meetings, and other related meetings. If you are paying out of pocket or have a co-payment, I request payment at the end of each session. I contract with CMS, Inc. for the billing of insurance companies. If you have questions about your coverage and/or balance please feel free to call Elaine at CMS at 1-800-946-1101.

3. CANCELLATIONS

I request that you give me at least 24 hours notice if you must cancel an appointment. If you must cancel on short notice for unavoidable reasons, please call to let me know that you are not coming. I charge my usual fee for missed appointments and ask that you reimburse me directly at the beginning of the next session. **Please be aware that insurance companies will not pay for missed appointments.**

4. MESSAGES, EMERGENCIES, AND TELEPHONE CONSULTATION

Messages can be left for me at **508-877-3660 x2**. I check this number frequently for messages, and will return your call as soon as possible.

Emergencies: If you have an emergency, leave me a message at 508-877-3660 x2. You also may call Psychiatric Emergency Services at Advocates, Inc. **508-872-3333** and/or go to your local hospital emergency room.

Telephone Consultation: If you are calling me about a crisis situation, I will consult briefly with you about the situation and what can be done until our next appointment. I am also willing to schedule extra appointments. I can usually arrange to make an emergency appointment within 24 hours.

## 5. CONFIDENTIALITY

In general, all of our conversations are considered strictly confidential. If you want me to discuss your therapy with someone else, you will first have to sign a written authorization. Verbal authorization cannot be substituted except in emergencies. In the case of couples or family therapy, all adults directly involved will have to sign authorizations. If all adults do not agree to the consultation, it may be possible to provide carefully presented information about individual family members. This would be done at my discretion. Parents or legal guardians must sign authorizations for children.

Massachusetts's law prescribes some exceptions to the protections of confidentiality. I am required to report all instances of child abuse or neglect to the State Department of Social Services. In addition, in instances of child custody litigation, I am required to provide relevant information to the court or court-appointed representatives, if requested to do so. I am also required to take steps to inform you and specific other people about any dangerous situations that I become alerted to.

Please feel free to ask me any questions you may have about these policies. Thank you for your cooperation.